## **Specimen Collection** Guide



Specimen Type	Collection Medium	Testing Options	Notes
Skin/Soft Tissue  Viable skin (punches and shaves)  Soft tissue (subcutaneous masses)  Viable nail unit (punches, excisions)	Formalin Fixative (Except punch biopsies obtained for the purpose of EPIDERMAL NERVE FIBER DENSITY testing, ENFD specimens MUST be placed in Zamboni's fixative; See ENFD Fixation Guide for overnight shipping instructions)	Routine Histopathology  Histochemical Studies (PAS, GMS, FM) Immunohistochemical Stains (S100, Melan-A, etc.)	Skin neoplasms (pigmented and verrucous lesions, masses, ulcerations) Dermatitis (tinea, eczema) Subcutaneous masses (lipoma, ganglia) Nail unit neoplasms (melanoma, squamous cell carcinoma, etc.)
Dry Keratin  • Nail  • Skin scrapings  • Subungual Debris	Dry Keratin Bag (no medium) To obtain supplies, contact your local account representative, order online or contact Bako Diagnostics directly.	Routine Histopathology  Histochemical Studies (PAS, GMS, FM) False-Negative rates for fungal identification may be increased with:  Exceedingly small samples  Nail samples consisting of only distal plate  DNA (PCR) Test (Nail Only) Identifies genus and species with higher sensitivity than culture. Not available for formalin-fixed tissue.	Superficial infections (such as tinea, candida, pitted keratolysis)     Non-infectious nail dystrophy (psoriasis, onycholysis, microtrauma)     General impression (neoplastic and inflammatory diseases may be suggested by superficial samples; however, definitive diagnoses are uncommon)     Fungal culture final reports cannot be issued for a minimum of four weeks. Earlier growth may be reported in a preliminary report.
		Fungal Culture Identifies the genus and species of fungal elements; however, is plagued by a very high rate of false-negative tests. For this reason, cultures are performed in tandem with histochemical studies. Not available for formalin-fixed tissue.	
Bone	Formalin	Routine Histopathology	Osteomyelitis, neoplasms, exostoses
	Fresh (sterile cup) Aerobic and/or anaerobic swab E-swab (aerobic and/or anaerobic cultures)	Bacteriology (aerobic culture, anaerobic cultures, sensitivities; all may be performed with a single e-swab)	Identify organisms causing osteomyelitis     Specimens may be, if large, wrapped with gauze moisturized with saline or, if small, embedded within media within swab     Anaerobic specimens should not be exposed to oxygen for more than 30 minutes (place in e-swab or anaerobic swab)
Aspiration    Joint fluids	Fresh (sterile cup) or in dehydrated alcohol	GOUT study (crystal analysis)	Test for monosodium urate crystals
Masses, cysts	Fresh (sterile cup) or in formalin	CYTOLOGY (study of cells)	Ganglion cyst, benign and malignant neoplasms
Bacteriology  • Wounds  • Aspirations	Fresh (sterile cup)	Aerobic culture and sensitivity	Superficial tissues
	E-swab or Swab with GEL	Aerobic and anaerobic culture and sensitivity	Deep tissue     Specimen should NOT be exposed to oxygen more than 30 minutes     Ship to Bako Diagnostics via overnight service
	Aerobic Swab (without GEL)	Aerobic culture and sensitivity	







