



June 15th, 2020 Webinar/Open Discussion

Hosted by Cindy Pezza, PMAC





I'll be selling these cute handmade lil pressed flower necklaces soon!!! Comment if you're interested in buying, and I'll post when they're ready to be sold!!









#### Examples of healthcare work tasks associated with exposure risk levels

Lower (caution)	Medium	High	Very High
Performing administrative duties in non-public areas of healthcare facilities, away from other staff members.  Note: For activities in the lower (caution) risk category, OSHA's Interim Guidance for Warkers and Employers of Warkers and Lower Risk of Exposure may be most appropriate.	Providing care to the general public who are not known or suspected COVID-19 patients. Working at busy staff work areas within a healthcare facility.	Entering a known or suspected COVID- 19 patient's room.     Providing care for a known or suspected COVID-19 patient not involving serosol- generating procedures.	Performing aerosol-generating procedures (e.g., intuitation, ough induction procedures, bronchoscopies, some dental procedures and exams, or invasive specimen collection on known or suspected COVID-19 patients.     Collecting or handing speciment from known or suspected COVID-19 patients.

Many practices have experienced potential or actual exposure to COVID-19 positive patients (whether confirmed, suspected/waiting for test results). According to the chart above, I feel that most podiatry practices would fall into the medium-risk exposure category. However, as the country "re-opens for business" we all need to remain diligent in pre-screening patients prior to their appointment, performing temperature checks upon arrival, limiting contact between patients and staff members (keeping as few patients in the waiting room as possible and wearing PPE during all clinic hours), asking patients to complete a COVID-19 screening form prior to treatment, and disinfecting all surfaces touched by patients immediately after their visit. **Attached** you will find a thorough screening form that can be filled out and signed by the patient (please edit as you wish).

The question is: What do we do when we treat a "cleared" patient on a Monday who calls on Wednesday to report that they were not feeling well after leaving the office and are now awaiting test results. Or, what if a patient fails to mention (until they are sitting in the treatment chair) that a family member in the same household recently tested positive.

The answers keep changing as we continue to learn more about COVID-19, how it spreads, exposure risk to asymptomatic individuals, etc. In the meantime, do your best to establish protocols in your practice for "when, not if" this happens to you (and continue to adapt/edit them as we learn more). Both OSHA and the CDC provide general guidance and it is advised to report the potential exposure to your local and state health departments and to monitor all potentially exposed staff members and doctors for symptoms for a period of between 3-14 days (this guidance varies as we learn more about incubation and contagion periods. See **attached** for state by state contact numbers) and click this link for a Directory of Local Health Departments: https://www.naccho.org/membership/lhd-directory

**Also attached** is a sample COVID-19 Exposure Report form to show what information will be required when reporting a potential or actual exposure.

Please continue to visit the CDC, OSHA, AMA and APMA websites frequently and I will do my best to keep you up to date as well. Stay safe!

In an "Extra Extra" from late last week, information on reporting potential exposure and prescreening forms for patients to complete were provided

AS REOPENING PHASES CONTINUE, WE MUST REMAIN DILIGENT IN OUR PHONE AND VISIT SCREENINGS AND HAVE PROTOCOLS IN PLACE FOR THE "WHAT IFS AND WHENS"

#### COVID-19 Screening Form ...

Patient's name: Date:		Date:
PREAPPOINTMENT CHECK		IN-OFFICE VISIT
	n COVID-19, or do you think you've had/have COVID-19?	
YES NO		YES NO
(If NO to question 1, skip to question	on 5)	
2. If YES, when and how were you confirme	d positive?	
I think I had it.		
I had a positive nasal swab test	-	
I had a positive blood test.		
I had a positive saliva test.		
I currently have symptoms and	am waiting for a test.	
3. If you have had COVID-19, how were you	confirmed negative?	
I was diagnosed negative by a r	nasal swab test. How many times? How far apart?	
☐ I show antibodies to COVID-19	with a blood test.	
My doctor said I no longer have	e it because I don't have any symptoms.	
I don't have any symptoms, so	I don't have it.	
4. If you have had COVID-19, when were yo	u confirmed negative?	
24 hours ago toda	y 10 days after testing	
5. Do you currently have (or have you expe	rienced) any of the following symptoms in the past 21 days:	
Fever	YES NO	YES NO
	If fever, how did you measure it?	
Fatigue (feeling tired)	YES NO	YES NO
Altered or loss of taste/smell	YES NO	YES NO
Dry cough	YES NO	YES NO
Trouble breathing	YES NO	YES NO
Shortness of breath, difficulty		
breathing, chest tightness	YES NO	YES NO
Confusion	YES NO	YES NO
Blueish lips or face	YES NO	YES NO
Chills/repeated shaking with chills	YES NO	YES NO
Muscle pain	YES NO	YES NO
Headache or sore throat	YES NO	YES NO
Any other flu-like symptoms	YES NO PLEASE LIST	YES NO PLEASE LIST
GI upset or diarrhea	YES NO	YES NO

6 Are you in contact with anyone who has been side and for confirmed to be COVID 10 positive?					
6. Are you in contact with anyone who has been sick and/or confirmed to be COVID-19–positive?					
YES NO YES NO					
7. In the past 14 days have you traveled to any regions affected by COVID-19?					
YES NO YES NO					
Some medical conditions have been associated with more severe COVID-19 disease. The following questions are an attempt to					
determine your risk:					
8. Are you over age 65? YES NO YES NO					
9. Do you have high blood pressure? YES NO NO					
If you have high blood pressure, is it controlled?					
YES NO YES NO					
10. Do you have diabetes? YES NO NO					
11. Are you overweight? YES NO NO ANSWER YES NO NO ANSWER	ER 🗌				
12. Do you have respiratory problems? YES NO YES NO					
13. Do you have any autoimmune disorders?					
YES NO YES NO					
14. Are there any other conditions you would like to report?					



AS WE KNOW, PRESIDENT TRUMP RECENTLY SIGNED THE PAYCHECK PROTECTION PROGRAM FLEXIBILITY ACT OF 2020, WHICH MADE SIGNIFICANT CHANGES TO THE PPP PROGRAM.







MORE REGULATIONS
WERE ISSUED



A SENATE COMMITTEE HEARING TOOK PLACE

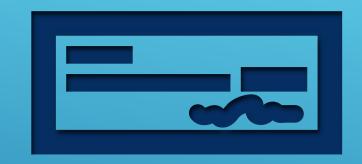
SINCE THEN MORE HAS HAPPENED RESULTING IN ADDITIONAL UNANSWERED QUESTIONS AND CONFUSION

### THE UPDATED PAYROLL % REQUIREMENT IS NOT A "CLIFF"

- ► The Treasury Department does not consider the updated 60% requirement, as to amounts spent on "payroll costs" to be a "cliff."
- ▶ If a PPP borrower cannot spend 60% or more of the loan proceeds during the 8- or 24-week testing period on payroll, state and local payroll taxes, group health insurance and retirement plan contributions, then there will be PPP loan forgiveness based upon whatever is spent on the above "payroll costs," plus up to 66% of the amount spent on the above items, to the extent of permissible rent, interest and utility expenses.

Example: if a borrower receives a \$100,000 PPP loan, and during the covered period the borrower spends \$54,000 (or 54 percent) of its loan on payroll costs, then because the borrower used less than 60 percent of its loan on payroll costs, the maximum amount of loan forgiveness the borrower may receive is \$90,000 (with \$54,000 in payroll costs constituting 60 percent of the forgiveness amount and \$36,000 in nonpayroll costs constituting 40 percent of the forgiveness amount).

- Post-June 5 PPP borrowers will only be able to use the 24-week testing period
- Borrowers who received their loans before June 5<sup>th</sup> can elect to use either an 8-week expenditure period or a 24-week expenditure period.
- This was confirmed by the revised Borrower Application released on June 12<sup>th</sup> which now says, "The Applicant will provide to the Lender documentation verifying the number of full-time equivalent employees on the Applicant's payroll as well as the dollar amounts of payroll costs, covered mortgage interest payments, covered rent payments, and covered utilities for the 24-week period following this loan."



# PRE AND POST JUNE 5<sup>TH</sup> BORROWERS WILL HAVE DIFFERENT "RULES" FOR EXPENDITURE PERIODS

# 8 WEEKS HAS IT ADVANTAGES

- ► For borrowers who are able to spend the appropriate amounts during the 8-weeks (in order to apply for forgiveness and have the loan over and done with, and off of their balance sheets, in order to be able to borrow conventionally going forward.)
- ▶ The 8-week testing period is also better for borrowers who have had significant reductions in their workforce and are required to reduce forgiveness pro-rata to the reduction in total working hours, as compared to pre-virus working hours for the business. It is easier to keep the doors open and the staffing up for 8 weeks as opposed to 24 weeks, although the June 5<sup>th</sup> legislation, regulations and Frequently Asked Questions ("FAQ's") have several exceptions for situations beyond the control of borrowers.

- ▶ Loans made before June 5<sup>th</sup> have a 2-year maturity
- ▶ Loans made on or after June 5<sup>th</sup> have a 5-year maturity
- Experts are saying there is no rationale behind treating pre-June 5<sup>th</sup> borrowers differently than post-June 5<sup>th</sup> borrowers other than to please the banks that would have to rerun their paperwork and monitor loans over a longer period of time than they would like. It is speculated that many complaints sure to be lodged with members of Congress will cause the SBA to try to even the playing field on this. Stay tuned. . .

### ANOTHER PRE AND POST JUNE 5<sup>TH</sup> DIFFERENCE



A loan is considered to be made when the SBA assigns a loan number to the PPP loan (even through loan monies may not be received until several days later).



This will cause some confusion, since the expenditure rules provide that a loan is to have been received when funded with the first dollars deposited into the bank account of the borrower



As a result of this, many borrowers who received their funds on or before June 5th will still be stuck with a 24-week testing period, and a very long wait for confirmation of forgiveness.

### WHEN IS A LOAN ACTUALLY MADE?

MAKE SURE YOU SUBMIT THE LOAN **FORGIVENESS** APPLICATION WITHIN 10 MONTHS AFTER YOUR 8- OR 24-WEEK PERIOD

▶ The new regulations indicate that those borrowers who do not submit an Application for Forgiveness within ten months after the end of the 8- or 24-week period must begin paying principal and interest after that date, with no specificity as to how much principal and how much interest would need to be paid before the 2- or 5-year balloon payment of all remaining interest, at 1% per annum, and principal would be due and payable.

On June 10<sup>th</sup> there was a hearing where Secretary of the Treasury, Steve Mnuchin, and SBA Administrator, Jovita Carranza, appeared before the Senate Committee on Small Business and Entrepreneurship.

Mr. Mnuchin indicated that the Application for Forgiveness for PPP loans was being rewritten to be much less complicated than the present application.

He specifically indicated that there would be a portal available that would enable borrowers to determine their forgiveness amount "in 15 minutes."

Borrowers should continue to have their accountants or other financial advisors spreadsheeting their expenditures to see what they need to spend by when, and to evaluate alternatives.

# SIMPLIFIED APPLICATION FOR FORGIVENESS PROCESS

"I don't want this to be any more complicated than all of you do.
And again, I would also just advertise there is a third-party calculator that if you put in all the information, it fills it out in 15 minutes, so you don't need to go hire lawyers and accountants, but I can assure you, we'll work with you very closely, we want to make this easy for people to do . . . . "



Mnuchin assured the panel that "the majority of this money is going to be forgiven in the next few months, and that's our intent. That's why we're going to get the job done quickly."

### TO QUOTE SECRETARY MNUCHIN:

With the June 30<sup>th</sup> deadline fast approaching, Senators at the hearing inquired about future rounds or extensions to the PPP.

Mnuchin said, "we are going to need another bipartisan legislation to put more money into the economy."

Senators also noted the \$130 billion surplus of PPP funds that remain available and wondered whether the program should be continued to dispense the remainder of that money.

At this point, it feels unlikely that the June 30<sup>th</sup>application deadline will be the last we see or hear of the PPP.

Now to find a lender that is participating!

# WHAT'S NEXT FOR PPP?

Let's switch gears. . .

IF YOU HAVE BEEN FOLLOWING ALONG FOR THE PAST 14 WEEKS, I HOPE THAT YOU ARE CURRENTLY OR HAVE BEGUN TO WORK ON YOUR PRACTICE, NOT JUST IN IT



The current situation/new normal of your practice



Creating short and long-term goals



What to consider, monitor and improve all along the way

LET'S
REFRESH
YOUR
MEMORY
AND TOUCH
UPON:



You quickly realized that being your own boss came with perks and challenges

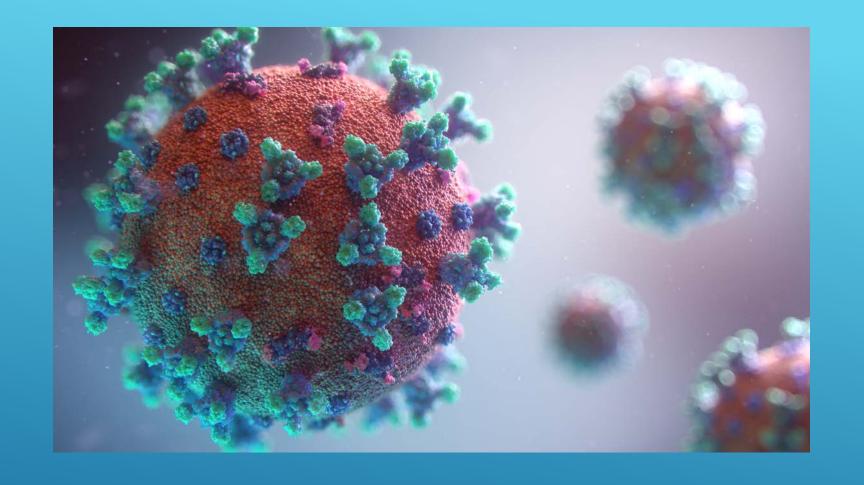


Excitement for the future was met with fear of the unknown



"You didn't know what you didn't know" and sometimes you still don't!

# REMEMBER WHEN YOU AND YOUR PRACTICE WERE SHINY AND NEW?



AS IT TURNED OUT, NO ONE WAS PREPARED FOR WHAT 2020 THREW AT US. . .



We all found ourselves in makeshift boats sailing into unchartered territory (with equally scared friends and colleagues to support us; remotely)

66

# RESET, REFOCUS, RESTART.

READY OR NOT, THE REBOOT **BEGAN AND** IS STILL HAPPENING

99

### Extra! Extra with Cindy Pezza



#### Hope for a PPP Loan Forgiveness Extension

By Cindy Pezza | May 21, 2020

Yesterday (May 20th), Senator Marco Rubio (R-Fla.) told Fox News that he believes there is enough support in Congress to extend the eight-week period that Paycheck Protection Program loan recipients have to use the money. Needless to say, this would be a big deal for businesses that may otherwise fail to bounce back before the...



COVID-19

**Survival Tips** 

#### Updated OSHA Requirements for COVID-19

By Cindy Pezza | May 28, 2020

OSHA has distributed a new poster that needs to be reviewed with your team AND displayed in an area where all employees can frequently review it (ex: breakroom, near regular OSHA poster). Click here to view, download and print your new poster. Please hang it up right away!

You should review the following items with your team...

COVID-19 Open Forum Webinar Presentation

By Cindy Pezza | May 19, 2020

5/18/20

On May 18, 2020, Cindy Pezza hosted an open forum webinar for her email subscribers to discuss solutions and idea-sharing for the current crisis we are facing as an industry. << You can view the PowerPoint presentation here >> A recording of this webinar, and all previous webinars, is available to our PEP members in.

COVID-19 **Survival Tips** 

#### The answers keep changing

By Cindy Pezza | June 12, 2020

Many practices have experienced potential or actual exposure to COVID-19 positive patients (whether confirmed, suspected/waiting for test results). According to the chart above, I feel that most podiatry practices would fall into the medium-risk exposure category. However, as the country "re-opens for business" we all need to remain diligent in pre-screening patients prior to



#### Good News, but is it too late?

By Cindy Pezza | May 29, 2020

Yesterday (5/28/20), The House passed a bill designed to provide more flexibility on how PPP funds can be spent in order to receive forgiveness. The chamber approved the legislation in a nearly unanimous 417-1 vote. The Senate put forward a plan similar to the House bill but has not yet passed it. Senators will convene...

Read More

I may have inundated you with information, but you needed a source of hope and clarity//

COVID-19 Survival Tips

#### Webinar Presentation 5/26/20

By Cindy Pezza | May 27, 2020

On May 26, 2020, Cindy Pezza hosted an open forum webinar for her email subscribers to discuss solutions and idea-sharing for the current crisis we are facing as an industry. << You can view the PowerPoint presentation here >> A recording of this webinar, and all previous webinars, is available to our PEP members in...



By Cindy Pezza | Me It's better than not having that 2%

Effective May 1st, Section 3709 of the Coronavirus Aid, Relief, and Economic Security (CARES) Act temporarily suspends the 2% payment adjustment currently applied to all Medicare Fee-For-Service (FFS) claims due to sequestration. The suspension is effective for claims with dates of service from May 1 through December 31, 2020. << Click here for more information...

Read More



Content included updated loan, grant, telehealth, and office protocol related information as well as simple tasks to tackle while patient volume was low and elective procedures had been canceled



For so many doctors/business owners, the pandemic presented an opportunity for positive change and a new outlook on their practices



The excuse of "I don't have time right now" was no longer valid

IN CASE YOU MISSED IT, YOU CAN GO BACK **AND READ THROUGH** (PLEASE PA ATTENTIC TO THE DATES



### Set a timer on your phone and take it an hour at a time •Remember, there is no such thing as multi-tasking Set Clean out your desk and office (every drawer, every shelf) •If it's not useful or beautiful THROW IT AWAY or RECYCLE IT Clean out •Get organized by creating and labeling folders (actual and digital) and providing a "home" for all of your "stuff" Clean out/clean up your inbox Clean •Go through from oldest to newest and determine which emails: out/clean

up

### I HOPE YOU AT LEAST DID SOME CLEANING AND ORGANIZING (OF YOUR OFFICE AND INBOX)

- Do some cost comparisons to see if you are receiving best possible pricing from your vendors ((also look for additional charges like fuel, handling, etc. that you may not be aware of)
- If you are part of a buying group, make sure you are taking advantage of available discounts
- Make a list of all the vendors you order from and what is ordered from each (if a staff member is responsible for this ask them to tackle this and then review it with you)
- ▶ Do the same for DME, cash products, etc.
  - Many times, the staff member(s) responsible for inventory and ordering continue to order from the same vendors out of familiarity and convenience. If something as simple as completing a registration form with an alternative vendor is standing in the way of savings thousands a year on commonly ordered supplies or services, now is the time to remedy that.

# SO MANY OF MY PRACTICES FOUND WAYS TO SAVE

Now is the time to save on products or ancillary services you have been thinking about "for a while"

Vendors are offering best possible pricing (ever) and long payment deferments \*\* RSWT 12 month deferred payment plan ends today\*\*

# SPEAKING OF SAVINGS



- Take out your employee
   handbook and dust it off (read
   through to see if additions or
   edits are needed to bring it up
   to speed or into this decade)
  - Example: If your handbook does not include social media and cell phone policies, it is not up to date. Once you update it, print out the addendums and have all staff members read and sign that they understand them.

# DID YOU DUST OFF AND UPDATE YOUR HANDBOOK?

10 Illegal Interview Questions	Sample Employment Application	Sample Cell Phone and Social Media Policy	Employee Review	
Exit Interview	Personnel Procedures Manual	Non Disparaging Clause Example	Job Descriptions	YOU DIDN'T HAVE TO RE- INVENT THE
Sample Ad for Staff member	Time-Off-Request- Form	How to speak to a problem employee	VIRTUAL ASSISTANT GUIDE	WHEEL
Performance Probation Letter	Disciplinary Action	Written Warning Sample	Sample COVID-19 Office Plan	
Notice to Employees FMLA (for handbook)	FMLA Notice to Employees Poster	Sample Offer Letter for MA	New Patient Coordinator Info	

### DID YOU ALSO LOOK AT YOUR **OFFICE** FORMS/POLICIES, UPDATE AND SAVE THEM ELECTRONICALLY?

- ► Look at your new patient paperwork, practice financial policy, orthotic policy, and any other forms that patients are required to complete, review or sign. Update as necessary and replace old forms with new in the office as well as in digital form.
  - ➤ Side note: If your patient condition brochures picture an elderly couple in matching velour track suits walking on the beach, it's time to update!
  - Google Drive is a great way to securely share practice forms, protocols, and more with team members (or only the ones who need access and can edit)
  - Make sure your updated new patient paperwork is available on your website along with the link to your patient portal.



ABOUT | MEMBER | PRACTICE STARTUPS | LECTURES | PPA'S PICKS | EXTRA! EXTRA! | CONTACT



















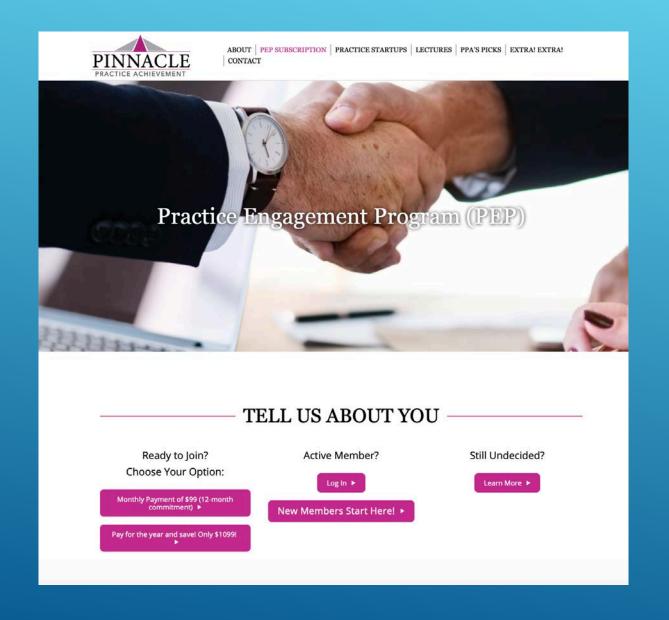


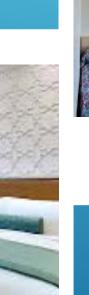




### AGAIN. "I GOT YOU"

### HTTPS://PINNACLEPA.COM/PRACTICE-ENGAGEMENT-PROGRAM-PEP/







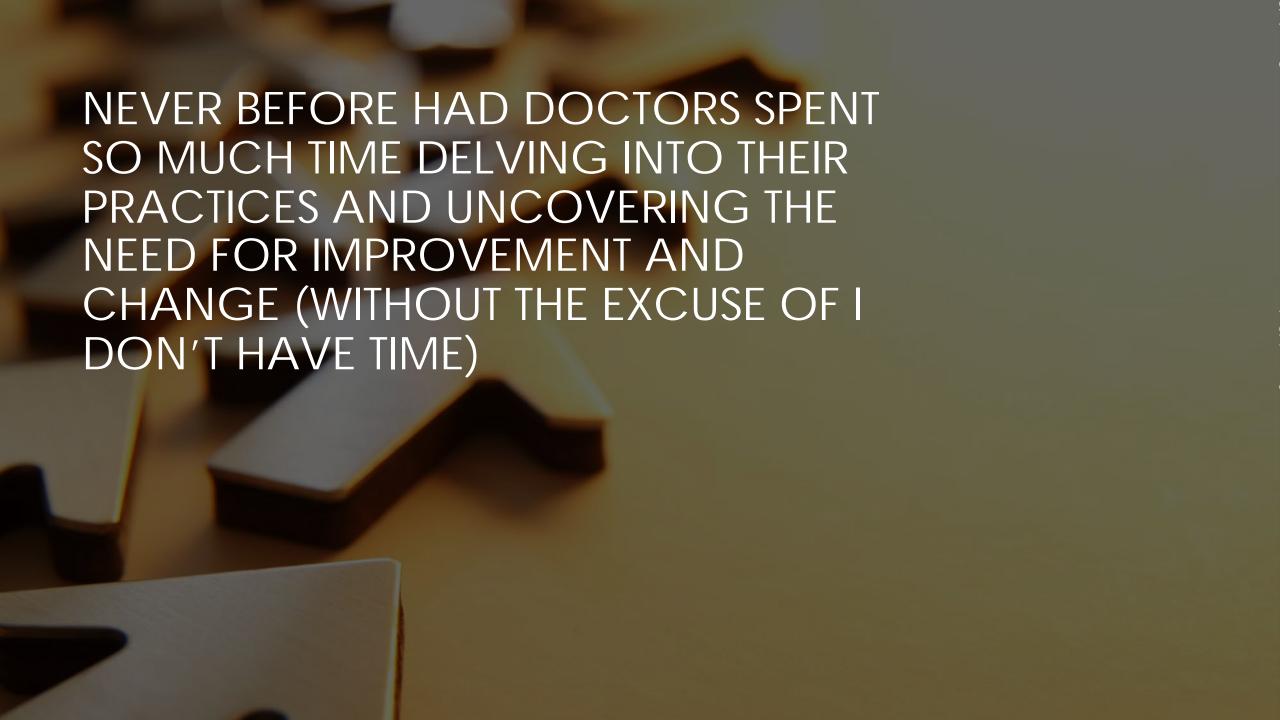
DID YOU MAKE THE PAINSTAKINGLY **CONSCIOUS EFFORT TO UPGRADE FROM YOUR** PREVIOUS MOTEL 6 TO A RITZ CARLTON **EXPERIENCE** (IT'S AMAZING WHAT A COAT OF PAINT-AFTER YOU REMOVE THE ØL WALLPAPER WILL DO!)

Did you finally realize that you were/are in the businesses of practicing medicine?

The primary focus should be providing a positive patient experience.

This is what sets you apart from the rest







Modifying clinic hours

## THE NEW NORMAL



AND Working in the necessary time to work on the practice

### DID YOU RECENTLY REALIZE THAT SOME OF YOUR "PLAYERS" NEEDED TO BE "TRADED"



They are the eyes, ears, and the first impressions of your practice



Hire slowly (be diligent in your search, interviews and probationary period)



Don't allow special treatment, follow your own rules



Show them appreciation every chance you get



Empower them to become the most valuable assets in your practice (don't hold them back)



Maintain a level of respect and professionalism no matter how long they work WITH you 01

Many "behind the scenes" tasks (E & B checks, prior-auths, collection calls, etc.) can be done virtually. Consider hiring virtual assistants to perform many of the required daily "chores" that do not require another body in the office

02

Tasks are completed in less time with the ability to focus (without distraction of patients checking and out and phones ringing off the hook)

03

Developing the role of New Patient Coordinator or Patient Liaison may be just what the doctor ordered

# AVOID TOO MANY BODIES AND CONFLICTING PERSONALITIES IS MORE ATTRACTIVE THAN EVER!

### NEW PATIENTS ARE A NECESSARY EVIL



FROM A PRACTICE/BUSINESS STANDPOINT, NEW PATIENTS ARE ESSENTIAL. WE NEED TO BRING IN NPS TO GROW.



FROM AN OFFICE FLOW STANDPOINT, NPS ARE THE MOST TIME CONSUMING AND OFTEN THE REASON THAT OUR SCHEDULES FALL BEHIND.



WHAT CAN WE DO TO DECREASE THE AMOUNT OF TIME NPS SPEND IN THE RECEPTION AREA AND TREATMENT ROOM?

A CONCEPT THAT IS CATCHING ON **QUICKLY AND** BEING **ADAPTED TO** FIT INDIVIDUAL **PRACTICE** NEFDS

The New Patient Coordinator (NPC)

This person (or individuals trained to perform the same function) serves as the primary liaison to the practice for new patients and referring physicians, working in conjunction with scheduling and clinical staff to improve efficiency and work-flow.

DURING THE PRE-VISIT
INTERVIEW, ALL
REMAINING
DEMOGRAPHIC AND
CLINICAL
INFORMATION WILL BE
RECORDED DIRECTLY
INTO THE PATIENT'S
CHART INCLUDING:

Confirmation of reason for visit/chief complaint

Personal and family medical history

Medications and allergies

Vital Signs

Most MIPS measures (Height, Weight, Smoking Status, Immunizations, etc.)

Financial policy, HIPAA and consent to treat will need to be signed at the time of visit (if forms are not completed via the portal)

STRUCTURE AND EFFICIENCY; PROTOCOLS AND SYSTEMS ARE NO LONGER AN OPTION

McDonald's does it. . .

So should/can you. . .



### SCHEDULING APPOINTMENTS

Important questions to ask when a patient calls to schedule:

- 1. Patient's name (ask them to spell it and repeat it back)
  - 2. Date of Birth (repeat it back)

(determine from name and D.O.B. if the patient is new, existing or new-existing/not seen for 3 years or more; especially if they are unsure. This will avoid duplicate charts as well as errors on doctor's notes.

- 3. Best number to reach them/remind them of their appointment
- Reason for and urgency of visit LISTEN to the problem (this will determine how soon the patient should be seen)
- Insurance information including ID # and if referrals or authorizations are needed
- 6. Primary Care Physician
- 7. Physician preference



### Laurel Podiatry Protocol for Neuroma (initial and subsequent visits)

### Description of Condition:

A neuroma is a painful condition, also referred to as a "pinched nerve" or a nerve tumor. It is a benign growth of nerve tissue frequently found between the third and fourth toes (i.e. a tumor growing from a nerve). Patients often describe their symptoms as burning, tingling, or numbness between the toes and in the ball of the foot\_or\_feeling as if their sock is "bunched up" in their shoe. The principal symptom associated with a neuroma is pain between the toes while walking. Those suffering from the condition often find relief by stopping their walk, taking off their shoe, and rubbing the affected area. Causes of a neuroma include biomechanical deformities, trauma to the nerve, and improper footwear (e.g. high heels).

### 1st visit Evaluation/Assistant Questions:

- o Where is the pain located?
- o What type of pain is it?
  - Burning, tingling, sharp, shooting
- o Are you experiencing any tingling or numbness?
  - If yes, in which toes?
- o How long have you been experiencing this condition?
  - Days, weeks, months, longer
- o What makes it worse /better?
  - Wearing certain shoes (what type of shoe do you normally wear), exercises, icing, anti-inflammatory medications
- o Was there any trauma or injury when the pain began?
- o Have you ever worn inserts in your shoes?
  - If yes, were these store bought/OTC or were they prescribed by a medical professional?
- o Do you ever experience knee, hip or back pain?

### 1st visit Actions:

- o X-rays
  - o 3 views (AP, Lateral and Oblique)

- o Sclerosing injection (1 injection every 2 weeks; 3 injections total)
- o Dispense Medical Grade inserts (Footsteps)
- o Dispense Dr. Jills met pads\*\*
- o Discussion of proper shoe gear (avoiding high heels and narrow toe box shoes)
- o Dispense Topical Analgesic (CBD Muscle Rub)
- o Follow up visit 2 weeks

### Follow Up Visits:

### 2<sup>nd</sup> visit Evaluation/Assistant Questions:

- o Has there been any improvement or relief since the first visit?
- o If you are feeling better, what is the percentage?
- o Has the pain changed location or type?
- o How are you adjusting to wearing the inserts/pads?

### 2nd visit Actions:

- o Perform 2<sup>nd</sup> sclerosing injection (if less than 50% improved)
- o Discussion of continuing to ice/rest/elevate and wear proper shoes
- Introduction to incorporation of custom orthotics into treatment plan/daily activity (at your discretion)
- o Follow up visit 2 weeks

### 3rd visit:

### If improved

- Educate patient
- Cast for custom orthotics
- o Return as needed or to dispense orthotics

### If not improved

Alt. treatment options MLS laser therapy, surgical excision

Custom Orthotics

### TREATMENT PROTOCOLS (STRUCTURED, WRITTEN AND PERIODICALLY MODIFIED)

# COVID-19 MADE US TAKE A CLOSER LOOK AT OFFICE FLOW (OR BACKUP DEPENDING ON YOUR SITUATION)



The keys to increasing productivity are more preparation and implementing improved communication systems (many non-verbal) during clinic hours

### HUDDLES



- Make an effort to meet prior to clinic hours (afternoon before or morning of) to discuss, prepare and anticipate the needs of patients.
- Make a game plan and work as a team
- Your patients notice when chaos ensues
- Remote employees should also be included as they are a part of your TEAM

### A DOCTOR IN MOTION MEANS THE PRACTICE IS PRODUCING



- Doctors should never be idle.
- If you are constantly waiting for staff to prepare patients. . . something is wrong.
- Cross training staff is essential
- Staff (both front and back office) should be able to keep the flow of patients moving steadily through the office.
- "Controlled Chaos" is the ULTIMATE GOAL

# MY FINAL POINT OF THE EVENING: TABLE TURNOVER THEORY

Allotted appointment times DO NOT equal the amount of time a physician spends with his/her patient.





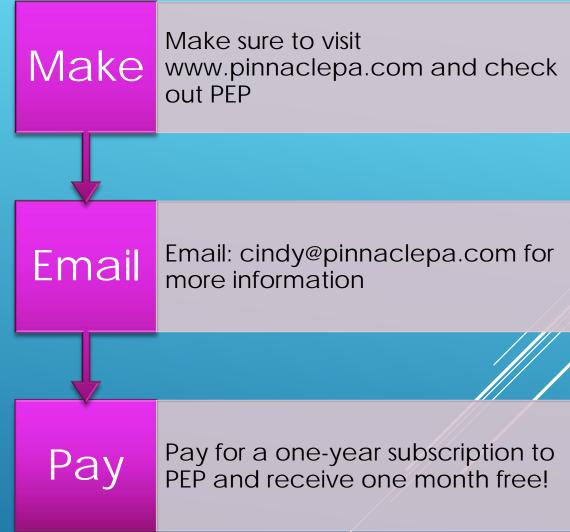
### TAKE AWAY: IN EVERY STAGE OF PRACTICE, MAKE WORKING ON IT A PRIORITY



Pay attention to signs!

The hamster wheel was turning slow enough for you to jump off, so do everything in your power to stay there.





THANK YOU FOR JOINING ME!